

# HEALTHY MINDS THRIVE PROJECT

I CAN'T CONNECT  
WITH MY BABY.



**WE KNOW IT'S NOT EASY BEING A PARENT. WE'RE HERE TO HELP!  
THE HEALTHY MINDS THRIVE PROJECT AIMS TO SUPPORT PARENTS AND CARERS  
ACROSS SOUTHWARK (WITH 0-2 INFANTS) THRIVE IN THEIR PARENTING JOURNEY.**

**FIND US AT THE FOLLOWING CHILDREN CENTRES:**

- RYE OAK
- CRAWFORD AND DULWICH WOOD
- 1ST PLACE AND VICTORY
- PILGRIM'S WAY

**For more info email:  
[healthymindsthive@southwark.gov.uk](mailto:healthymindsthive@southwark.gov.uk)**

**Southwark**  
Council  
[southwark.gov.uk](http://southwark.gov.uk)



**Southwark Family Hubs**

**Funded by  
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