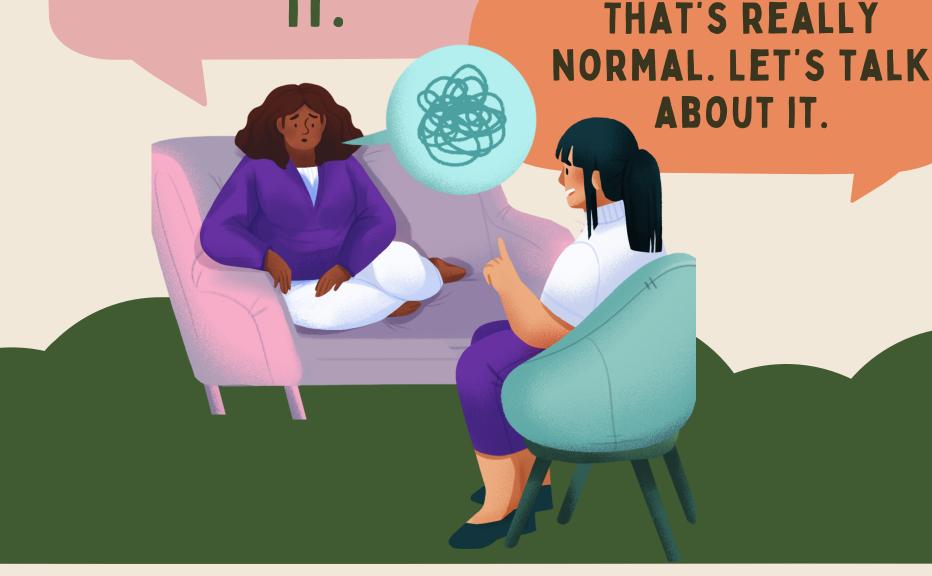
## HEALTHY MINDS THRIVE PROJECT

I'VE WANTED THIS FOR SO LONG BUT I'M NOT ENJOYING IT



WE KNOW IT'S NOT EASY BEING A PARENT. WE'RE HERE TO HELP!
THE HEALTHY MINDS THRIVE PROJECT AIMS TO SUPPORT PARENTS AND CARERS
ACROSS SOUTHWARK (WITH 0-2 INFANTS) THRIVE IN THEIR PARENTING JOURNEY.

## FIND US AT THE FOLLOWING CHILDREN CENTRES:

- RYE OAK
- CRAWFORD AND DULWICH WOOD
- 1ST PLACE AND VICTORY
- PILGRIM'S WAY

For more info email: healthymindsthrive@southwark.gov.uk



