

Local Breastfeeding Support

During pregnancy, early days, weeks or with an older child—join us for guidance, help or to meet other parents.

FOR SOUTHWARK RESIDENTS

Drop in Groups

Mondays | 12pm-2pm*

First Place Children and Parents' Centre, SE5 0RN

Tuesdays | 10am-12pm*

Crawford Children and Parents' Centre, SE5 9NF

Thursdays | 10am-12pm*

Southwark Park Playroom, SE16 2PF

Fridays | 12pm-2pm*

Rye Oak Children and Family Centre, SE15 3PD

**Please aim to arrive at least 30 minutes before the end of the session if you require breastfeeding support.*

Specialist Support Appointments

By referral from your HV, midwife or peer supporter.

Contact Your Southwark HV Team

(Mon—Fri, 9am-5pm)

Tel: 020 3049 8166



FOR LAMBETH RESIDENTS

Drop in Groups

Mondays | 10am-12pm*

Gracefield Gardens Health Centre, SW16 2ST

Tuesdays | 10am-12pm*

St Stephen's Children's Centre, SW8 1XZ

Thursdays | 10am-12pm*

Benton's Lane Children's Centre, SE27 9UD

Fridays | 10am-12pm*

Jubilee Children's Centre, Tulse Hill, SW2 2JE

**Please aim to arrive at least 30 minutes before the end of the session if you require breastfeeding support.*

Specialist Support Appointments

By referral from your HV, Midwife or peer supporter.

Contact Your Lambeth HV Team

(Mon—Fri, 9am-5pm)

Tel: 020 3049 5300



Please note: Groups may be subject to venue changes particularly in the school holidays and bank holidays. For the latest information, please check our **Padlet** or **Facebook** page.

Information padlet: Scan QR code or visit: padlet.com/janelove/breastfeeding-support-m24n66cjm1m4pqsn

Facebook page: facebook.com/LambethandSouthwarkBFGroups

In partnership with:

