

BEHAVIOUR SUPPORT WORKSHOP: CHANGES AND TRANSITIONS

A free workshop for parents and carers of children with additional needs

You will learn about:

- What are changes and transitions?
- Importance of predictability and routines
- Planning for and managing changes
 - Big changes – Starting school, going on a holiday
 - Small changes – Change of routine, wearing different clothes
- Supporting Transitions
 - Moving between environments (school to home)
 - Starting and ending activities
 - Following routines
- Strategies to support your child with changes and transitions
 - Visual supports and social stories
 - Styles of communication



You will also:

- Collaborate with other parents and the facilitators
- Take home resources to use with your child
- Practice strategies in the Stay and Play session after the workshop



Date: Saturday, 23rd March 2024

Time: 10am to 11am

Location: Ann Bernadt Children & Family Centre

29 Chandler Way, London SE15 6DT



The workshop will run during the SENSational Stay and Play session.

Crèche: Provided by SENSational Stay and Play staff during the workshop.

Register interest using this QR code, or
speak to the team at your SENSational Stay and Play,
or email PBSTeam@southwark.gov.uk

