



A visual that will support your child to remember to use soap each time they wash their hands.

Things you will need:

- Bowl of water
- Pepper
- Dish soap



1. Fill a bowl with water.

2. Sprinkle some pepper into a bowl of water. (Don't add too much or the demonstration will not work as well.)

3. Encourage your child to look at how the pepper floats on the surface of the water, explain this is what germs do on the surface of our skin.

4. Cover one finger with dish soap



Now for the big moment!
Make sure everyone is watching.

5. Stick your finger into the bowl of water (in to the middle of the bowl)

And POOF!

Those "germs" scatter to the edge of the bowl. It's quick, but powerful and children remember that moment.



6. Talk about how the "germs" are afraid of the soap and this is why we must wash your hands.